

# WORK/COMP HISTORY

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Sex \_\_\_\_\_ S/S# \_\_\_\_\_

Name of Compensation Carrier: \_\_\_\_\_ Phone \_\_\_\_\_

Address of Carrier: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Employer's Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Employer's Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

1. Type of Business \_\_\_\_\_ Your Occupation \_\_\_\_\_

2. Date Injured \_\_\_\_\_ Hour \_\_\_\_\_ AM/PM Last Date Worked \_\_\_\_\_ Are you off work? ( ) Yes ( ) No

3. Previous Worker's Compensation Injury? ( ) Yes ( ) No

4. Accident reported to employer? ( ) Yes ( ) No Name of person reported accident \_\_\_\_\_

5. Injured at: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

6. Length of time worked there prior to accident: \_\_\_\_\_

7. Type of work being done at time of injury: \_\_\_\_\_

8. In your own words, please describe accident: \_\_\_\_\_

9. Have you been treated by another doctor for this accident? ( ) Yes ( ) No

If yes, please list doctor's name and address: \_\_\_\_\_

10. Are you: ( ) improved ( ) Unchanged ( ) getting worse

11. What types of medicines are you taking? \_\_\_\_\_

Do these medicines help? ( ) Yes ( ) No ( ) Don't know

12. Have you had physical therapy? ( ) Yes ( ) No If yes, how often?

( ) Daily ( ) Every other day ( ) Several times a week ( ) Weekly ( ) Every other week

( ) Monthly ( ) Other

Does the physical therapy help? ( ) Yes ( ) No ( ) Don't know

13. Prior to this accident, have you ever had any of the physical complaints similar to what you have now?

( ) Yes ( ) No ( ) Don't know

If yes, describe: \_\_\_\_\_

Were these similar complaints the results of a previous accident(s)? ( ) Yes ( ) No

Please provide details of accident(s): \_\_\_\_\_

14. Have you had any other serious accidents which required medical care? ( ) Yes ( ) No

Describe: \_\_\_\_\_

15. Have you had any serious illnesses that required hospitalization? ( ) Yes ( ) No

Describe: \_\_\_\_\_

\_\_\_\_\_

16. Have you had any surgeries? ( ) Yes ( ) No

If yes, list type of surgery and date: \_\_\_\_\_

\_\_\_\_\_

17. Have you had any nervous or mental illnesses? ( ) Yes ( ) No

Have you had psychiatric care: ( ) Yes ( ) No

18. Have you received a medical discharge from the Armed Forces? ( ) Yes ( ) No

19. Have you returned to work since this accident? ( ) Yes ( ) No

If you have returned to work since your accident, please fill out the information below:

| DATE | EMPLOYER | OCCUPATION | LIGHT DUTY<br>REG. DUTY | FULL-TIME<br>PART-TIME |
|------|----------|------------|-------------------------|------------------------|
|      |          |            |                         |                        |
|      |          |            |                         |                        |
|      |          |            |                         |                        |
|      |          |            |                         |                        |

### CURRENT MEDICAL COMPLAINTS

#### BACK PAIN:

1. Currently, I have pain in my: ( ) low back ( ) mid back ( ) upper back
2. My pain began: ( ) gradually ( ) suddenly
3. I have pain: ( ) sometimes ( ) all of the time
4. My pain goes into my: ( ) right leg ( ) left leg ( ) both
5. I have tingling and/or numbness in my: ( ) right leg ( ) left leg ( ) both
6. My pain is worse when I:
  - cough or sneeze ( ) Yes ( ) No
  - sit ( ) Yes ( ) No
  - bend ( ) Yes ( ) No
  - walk ( ) Yes ( ) No
  - lift ( ) Yes ( ) No
  - push ( ) Yes ( ) No
  - pull ( ) Yes ( ) No
7. My back is worse with sexual activity ( ) Yes ( ) No
8. My pain wakes me up during the night ( ) Yes ( ) No
9. Changes in the weather affect my pain ( ) Yes ( ) No

**NECK PAIN:**

- 1. My neck pain began:  gradually  suddenly
- 2. I have pain:  sometimes  all of the time
- 3. My pain goes into my:  right arm  left arm  both
- 4. I have tingling and/or numbness in my:  right arm  left arm  both
- 5. My pain is worse when I:
  - cough or sneeze  Yes  No
  - bend forward  Yes  No
  - lift  Yes  No
  - push  Yes  No
  - pull  Yes  No
  - turn my head  Yes  No
- 6. My pain wakes me up during the night  Yes  No
- 7. Changes in the weather affect my pain  Yes  No
- 8. I have neck stiffness  Yes  No
- 9. I have headaches  Yes  No
- 10. If I do get headaches, they occur:  sometimes  all of the time

**OTHER PAIN:**

Please describe any current medical complaints which you are experiencing and were not previously covered on this questionnaire, or list any additional comments you wish to make regarding your condition:

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**JOB DESCRIPTION**

(In terms of an 8-hour workday, "occasionally" means 33%, "frequently" means 34% to 66%, and "continuously" means 67% to 100% of the day.)

1. In a typical 8-hour workday, I: (Circle # of hours/activity)

|        |   |   |   |   |   |   |   |   |       |
|--------|---|---|---|---|---|---|---|---|-------|
| Sit:   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | hours |
| Stand: | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | hours |
| Walk:  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | hours |

2. On the job, I perform the following activities:

|                               | NOT AT ALL               | OCCASIONALLY             | FREQUENTLY               | CONTINUOUSLY             |
|-------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Bend/stoop                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Squat                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Crawl                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Climb                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Reach above<br>shoulder level | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Crouch                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Kneel                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Balancing                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Pushing/Pulling               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

|                        |            |              |            |              |
|------------------------|------------|--------------|------------|--------------|
| 3. On the job, I lift: | NOT AT ALL | OCCASIONALLY | FREQUENTLY | CONTINUOUSLY |
| Up to 10 pounds        | ( )        | ( )          | ( )        | ( )          |
| 11 to 24 pounds        | ( )        | ( )          | ( )        | ( )          |
| 25 to 34 pounds        | ( )        | ( )          | ( )        | ( )          |
| 35 to 50 pounds        | ( )        | ( )          | ( )        | ( )          |
| 51 to 74 pounds        | ( )        | ( )          | ( )        | ( )          |
| 75 to 100 pounds       | ( )        | ( )          | ( )        | ( )          |

4. Do you have to bend over while doing any lifting? ( ) Yes ( ) No
5. Are your feet used for repetitive movements, such as in operating foot controls? ( ) Yes ( ) No

6. Do you use your hands for repetitive actions, such as:

|            |                 |                |                   |
|------------|-----------------|----------------|-------------------|
|            | SIMPLE GRASPING | FIRM GRASPING  | FINE MANIPULATING |
| Right hand | ( ) Yes ( ) No  | ( ) Yes ( ) No | ( ) Yes ( ) No    |
| Left hand  | ( ) Yes ( ) No  | ( ) Yes ( ) No | ( ) Yes ( ) No    |

7. Are you required to work on unprotected heights? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

8. Are you required to be around moving machinery? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

9. Are you exposed to marked changes in temperature and humidity? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

10. Are you required to drive automotive equipment? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

11. Are you exposed to dust, fumes and/of gases? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

12. Please list any additional comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_